

SUTTON AND WANDLE VALLEY GROUP
PROGRAMME FOR JULY TO OCTOBER 2025

(Crossing Barnes Bridge: photo by Alison)



JOIN US!

www.suttonwandleramblers.org.uk

PROGRAMME FOR JULY – OCTOBER 2025

Welcome to our new walks programme for July – October. Hopefully we have all been able to enjoy the lovely, warm spring weather we have been blessed with. And fingers crossed, it will continue, and we can look forward to a wonderful summer of exciting and varied walks. And warm thanks, as ever, to our walk leaders who take the time to recce and lead these walks.

A warm welcome to all our new members. New members can join any walk on our programme but if a walk is marked as “**A New Members Walk**” it means it is particularly suited (both in terms of distance and terrain) for someone who is new to walking and unsure how they will get on.

This year is a special year for our Group. We are celebrating **30 years** of the Group's existence and have marked this with a series of events. In May we held a programme of linked walks that added up to 30 miles. These were very popular and a total of 91 walkers participated, culminating in a supper at The California pub. On 17th May we also held a 30th anniversary party. This was enormously successful and great fun (and the food was fantastic!). Photographs of the party are available on our Facebook page. We also received a congratulatory message from Jack Cornish, the Director for England from Ramblers HQ who acknowledged, in his message, that Groups and their members are the lifeblood of the Ramblers.

Our celebrations will continue into this new programme. Following on from our coach trip to Winchester in April, we have another one lined up going to Deal on 13th September. Again, Group members will have priority over booking but if the coach is not fully booked by 13th August, we will open bookings to other Groups to ensure that the coach is filled and we break even financially. To ensure you get a place, please book early.

We continue to host our monthly “raves” at the Sutton Arms pub on the first Monday of each month, plus Jan continues to host her coffee mornings once a month at the Waterstone's Café in Sutton. These are mainly aimed at our members who are not walking as regularly with us anymore, but all are welcome. And following a very successful visit to Goldsmiths Guildhall in May, Jenny is also arranging a tour of Bakers' Hall and a visit to the Peek Freen's Museum.

We are hosting a walk for our colleagues from London Blind Ramblers (LBR) on 4th October. (Originally this was arranged for 31st May but was cancelled by LBR due to transport issues in London). Please support us by blocking off the date and volunteering as a guide if you can. And we will also host our usual Ramblers' stall at the Carshalton EcoFair on August Bank Holiday (25th August).

But we are also facing challenges. After 7 years of service, we lose Peter, our Webmaster, at the next AGM. We still carry a vacancy for Publicity Officer, other committee members will be standing down at the next AGM, and we always need more walk leaders. A big issue facing the Group is whether we can continue to produce our printed programme, particularly without a Webmaster! We will keep members informed! But please do consider if you can offer your services to the Group and help keep us going for another 30 years!!

Dates for Your Diary

Monday 25th August – Ramblers' Stall at Carshalton EcoFair

Saturday 13th September – Coach Trip to Deal

Tuesday 30th September – Submission date for the next programme

Saturday 4th October – London Blind Ramblers Walk

Wednesday 22nd October – Walk Leaders Meeting, 7.30pm at St Christopher's Hall, Cheam

Sunday 23rd November – AGM, 2.30pm

Committee members

Your committee was elected/re-elected at the AGM in November. We keep our Webmaster until the AGM in November when he will stand down, as will other committee members. If you would like to be considered for one of the positions on the committee, or as a walk leader, please do talk to Barbara, any other member of the committee, or one of our walk leaders.

Chair	Barbara Pitts	07901 850918	chair@suttonwandleramblers.org.uk
Secretary	Liz Tadd	07905 827243	secretary@suttonwandleramblers.org.uk
Membership	Joya Cooke	07729 519971	membership@suttonwandleramblers.org.uk
Treasurer	Colin Hawes	8643 0659	treasurer@suttonwandleramblers.org.uk
Publicity	Vacant		publicity@suttonwandleramblers.org.uk
Footpaths	Sheelagh Donovan	07773 261875	footpaths@suttonwandleramblers.org.uk
Liaison	Jenny Kearney	07851 263949	updates@suttonwandleramblers.org.uk
Webmaster	Peter Bruce	07884 338619	webmaster@suttonwandleramblers.org.uk
Social Sec	Jackie Deeks	07966 729802	social@suttonwandleramblers.org.uk
Member	Jan Recknell-Turner	8643 2400 078137 65439	janrt@suttonwandleramblers.org.uk recklessjan2@yahoo.com
Member	Alison Dines	8644 2250	alison@suttonwandleramblers.org.uk

E-mailing and Texting: Members are encouraged to subscribe to our weekly updates. Please send an e-mail headed "Ramblers Updates" to updates@suttonwandleramblers.org.uk to subscribe. If you do not have internet access, we can send text alerts on key changes to the programme. Please text Ramblers Updates to 07766 871695.

Walkers

It is your responsibility to make sure you are fit enough for the walks. Please note that the descriptions of "Easy", "Leisurely" and "Moderate" do NOT denote the **pace** of a walk! Check with the leader before if you are unsure. On a walk, alert the leader if you need to stop for a drink/rest. Do not lose sight of your leader. If you go ahead, the leader is not responsible for you. Note that on some walks the leaders still require you to book in advance to join a walk or eat in a pub. Check the walk description and contact the leader as requested. Do carry water and snacks, even if a pub lunch is planned. And please do not eat your own food in a pub or a café unless you have express permission to do so. **And do carry your ICE card. New, pocket sized ICE cards are now available. Ask walk leaders or contact your Chair or Membership Secretary.**

Guidelines for Leaders

A reminder for all walk leaders to send any amendments about their walks to the updates@suttonramblers.org.uk mailbox. This is monitored regularly and ensures that your message is picked up and included in the weekly updates. Please remember to send walk numbers to Barbara. And a reminder that **Risk Assessments** (to be shared with walkers) are still necessary, even though written risk registers no longer need to be completed and kept. And a reminder that all new walk leaders must now undertake online training (provided by Ramblers) before they can lead walks. The online training is very straightforward and easy.



Now for the Walks.....

**IT IS UP TO YOU TO ENSURE YOU ARE FIT FOR THE WALK(S)
YOU ATTEND AS DESCRIBED BELOW!**

NOTE: In Travel, OPDR=Off Peak Day Return, FP=Freedom Pass, SRC=Senior Railcard, BZ6=Boundary of Zone 6

Date	Meeting place & Departure time	Walk description (including arrangements for travel and refreshments)	Distance Type & Grade	Leader & phone(s)
Tue 01 Jul	Waterstones Café Sutton High Street at 11:00	COFFEE MORNING Meet in the upstairs café at Waterstones, Sutton High Street, for a chat and a coffee once a month. This is particularly aimed at some of our older members who are no longer able to do many of our walks, but obviously open to anyone who wants to pop in for a chat.		Jan and Paul 07813 765439 or 020 8643 2400
Thu 03 Jul	Hendon Station at 10:50 (09:46 Thameslink from Sutton to Hendon, arrive 10:50. Leader will board at Carshalton)	HENDON TO SOUTH KENTON Our walk finishes at South Kenton Station. A section of the Capital Ring which was previously cancelled. We walk along the Brent Reservoir (Welsh Harp) for a coffee stop after 1 mile. Then through Fryent Country Park with views of the Wembley Arch. There is some road walking which is hilly in parts and paths in Fryent Country Park may be muddy if wet. Pub lunch and a bench for picnic nearby. Return from South Kenton Station via Willesden Junction and Clapham Junction. Please text by 6pm on Tuesday 1st to book pub lunch	5.5 miles Leisurely Linear	Marian 07961 195684
Fri 04 Jul	Sutton Station at 10:05 for the 10:13 Horsham train arrive 11:02, change quickly for the 11:08 23 bus outside	23 STAGE 4: FINDON PLACE TO WORTHING Our walk starts from Findon Place Bus Stop at 11:55 and finishes at Worthing Pier. Walk through Findon, then ascend Cissbury Ring where we will have a short stop. Continue towards the coast to Broadwater where will stop at Ye Olde House at Home before proceeding on to Worthing Pier where we catch the 23 bus back to Horsham. Late return to Sutton. Text me to book by Monday 6pm	7 miles Moderate Linear	Roger 07719 233269 or 020 8770 1471
Mon 07 Jul	The Sutton Arms, Sutton High Street at 18:30	DAVE'S RAVE Social evening. Join us for a drink/meal and a chat.		Dave 07548 393653

Wed 09 Jul	Maidenhead Station at 11:30 for the 11:33 to Marlow. (09:46 from Sutton to Farringdon, then Elizabeth Line train)	MARLOW TO HAMBLEDEN Our walk starts from Marlow Station at 11:56 and finishes at Mill End Bus Stop for 850 Bus to Henley on Thames. Using the Elizabeth Line from Farringdon with a FP, buy a single from Maidenhead to Marlow and a single from Henley to Twyford. Up into the Chilterns and then a late pub/picnic lunch at pretty village near the end. After lunch catch a bus to Henley on Thames. Text me to book by Monday 6pm	6.5 miles Moderate Linear	Roger 07719 233269 or 020 8770 1471
Fri 11 Jul	Marylebone station near ticket office at 10:15 for the 10:27 train to Wendover	GREAT CENTRAL TRAIL 4 - WENDOVER TO AYLESBURY Our walk starts from Wendover Station at 11:16 and finishes at Aylesbury Station. Flat open countryside to the north of the Chilterns to the village of Weston Turville via a canal (pub/picnic). FP holders buy an OPDR ticket from Amersham to Aylesbury (cost approx £9.25). Book a place on the walk, and a pub lunch if desired, by 18:00 on 7th July (text only)	7 miles Leisurely Linear	Phil 07958 360380
Sat 12 Jul	Sutton Station at 10:00 for 10:13 to Ashtead or 10:10 from Wimbledon to Ashtead	ASSTEAD TO EPSOM Our walk starts from Ashtead Station at 10:40. Purchase return to Ashtead if returning by train from Epsom. Walk across Ashtead Common to The Barn for coffee and then across Epsom Common to The Cricketers for optional pub lunch or picnic. After lunch short walk to Epsom Station. Text to book for pub lunch by 1pm on Thursday 10th. A New Members Walk	4 miles Easy Linear	Peter R 07766 871695 or 020 8641 4339
Sat 12 Jul	Belmont Bus Terminus at 08:30	PENSHURST STATION, LEIGH, PENSHURST, CHIDDINGSTONE. We start from Penshurst Station Car Park at 09:45. Undulating countryside in the Kent Weald. Refreshments at the start in The Little Brown Jug pub. Pub and picnic in Penshurst (Leicester Arms). Text me before Thursday 10th July for pub lunch	10 miles Moderate Circular	John G 07914 556511
Tue 15 Jul	Reigate Hill at 10:00. Contact leader for start point	REIGATE HILL, COLLEY HILL, SKIMMINGTON West to Colley Hill, then south towards Reigate Heath and round to Skimmington before returning north via the Greensand Way. Good views, some steepish descent/ascent, so bring poles if used. Picnic. To book email (preferable) janet.flemming15@gmail.com or text 07985 901917	10.5 miles Moderate Circular	Janet F 07985 901917

Wed 16 Jul	On Coombe Road outside New Malden Station at 10:00	BEVERLEY BROOK WALK Our walk finishes at Putney Bridge. We follow the Beverley Brook through Wimbledon Common, Richmond Park and Barnes Common to the River Thames upstream of Putney. A dropoff is possible at Barnes. Coffee/snacks at Roehampton Gate café. Optional late lunch at end of walk. A New Members Walk	7.5 miles Leisurely Linear	Alison & Liz 07989 973735 or 07905 827243
Thu 17 Jul	Sutton Station at 09:30 for the 09:41 to West Croydon, tram to East Croydon, for the 10:22 to Oxted	OXTED - NORTH DOWNS WAY CIRCULAR Our walk starts from Oxted Station at 10:35. It takes in the North Downs Way with a couple of short sharp climbs in the morning before dropping down to lunch at The Old Bell Inn in Oxted High Street. Short afternoon stretch taking in Oxted Watermill with option of a coffee/tea stop in Oxted before catching the train back to East Croydon. Toilets in Oxted High Street at start of walk. Text leader by Monday 14th if you require a pub lunch.	6 miles Moderate Circular	Richard M-W 07967 976372
Fri 18 Jul	Main Entrance of East Croydon Station at 10:00 to catch 10:10 Southern train to Ore	ECP - HASTINGS TO CLIFF END Our walk starts from Hastings station at 12:10 and finishes at Cliff End IRB Station. A demanding section through Hastings Country Park to Fairlight Coastguard and late lunch/picnic at The Bale House café. Then through Fairlight village to Cliff End to catch 101 bus back to Hastings. The morning section of this walk with over 1000ft of ascent and nearly 650ft of descent in 3.75 miles is more demanding than normal and members should ensure they are fit and able enough. Text leader by 18:00 Monday July 14th for purchasing Daysave ticket (£13 each for group of 4)	7 miles Moderate Linear	Trevor 020 8645 0114 or 07392 177803
Sat 19 Jul	Café on Sutton Green at 10:45 for an 11:00 start	PYLBROOK TRAIL Our walk finishes at London Road Morden. Walk through the alleys of Sutton and Lower Morden along the Pylbrook Stream finishing at Morden Brook Pub for lunch. Bus back to Sutton or optional walk through Morden Park to London Road for 154 or 93 bus. Bring coffee and snack for brief rest at the Hamptons to take in the view of London. Please book if requiring lunch. A New Members Walk.	5 miles Easy Linear	Paul T 07813 765439 or 07958 034561

Sat 19 Jul	Belmont Bus Terminus at 09:00	DITCHLING COMMON Our walk starts from Ditchling Common Car Park, East Sussex, off Folders Lane E, nearest postcode BN6 8SQ at 10:00. This is an unusual walk (woodland and grass), starting in a popular nature park north of Brighton, but leading into solitary and secret places. Excellent stiles. Views. 4.65 miles am, 2.65 pm. Pub/picnic. Refreshments: Cock Inn, Haywards Heath. For pub lunch text by noon Thursday	7.3 miles Moderate Circular	Mike P 07811 005143
Tue 22 Jul	Denbies Vineyard Car Park RH5 6AA at 10:00	THE DENBIES DASH IN REVERSE We ascend through the vineyard and along Ranmore Common via the North Downs Way. Then across Effingham golf course to reach Polesden Lacey. Our return journey heads towards Norbury Park, with a descent down Chapel Hill towards Westhumble. Expect undulations throughout and lovely views. Picnic only. Please book on the walk by text or phone call.	11 miles Moderate Circular	Diane P 07870 334361
Wed 23 Jul	Sutton Station at 10:00 for 10:13 to Epsom then 10:28 to Guildford or 10:10 direct from Wimbledon	GUILDFORD TO COMPTON Our walk starts from Guildford Station at 11:10 and finishes at Watts Gallery, Compton. Walk along The Way to 'Ye Olde Ship Inn for refreshments and then along the North Downs Way for pub lunch at The Withies in Compton or picnic. After lunch walk to Watts Gallery (tea?) before catching bus back to Guildford. Book for pub lunch by 1pm on Monday 21st	5 miles Leisurely Linear	Peter R 07766 871695 or 020 8641 4339
Fri 25 Jul	East Croydon Station at 09:40 for the 09:49 to Brighton. Buy a Thameslink only return (£13.90)	HASSOCKS TO DEVILS DYKE Our walk starts from Hassocks Station at 10:32 and finishes at Brighton Station. An annual favourite with three hills (Wolstonbury, Newtimber and Devils Dyke)! Lunch at The Wildflower café at Saddlescombe. Further refreshment at Devils Dyke whence 77 bus to Brighton. Text me to book by Monday 6pm	5.5 miles Moderate Linear	Roger 07719 233269 or 020 8770 1471
Sat 26 Jul	Belmont Bus Terminus at 08:30	DITCHLING BEACON, PYCOMBE, WOLSTONBURY HILL, CLAYTON. Our walk starts from Ditchling Beacon Car Park at 10:00. Great South Downs scenery, a good thigh jerker as it's very undulating. Lunch will be in Clayton at the Jack and Jill Inn or picnic. Text me before midday on Thursday 23rd if you require pub lunch	8.6 miles Moderate Circular	John G 07914 556511

Tue 29 Jul	Pirbright Village Green GU24 0JF at 10:30	PIRBRIGHT, BROOKWOOD CEMETERY AND BASINGSTOKE CANAL An interesting walk through Brookwood, the Victorian cemetery established in 1851, and then along the Basingstoke canal towpath and woodland rides. Picnic lunch. Please text leader to join the walk	10 miles Moderate Circular	Jackie & Helen 07966 729802
Wed 30 Jul	Outside Vauxhall Tube Station at 10:30	VAUXHALL TO PUTNEY BRIDGE BY THAMES PATH Our walk finishes at The Rocket Wetherspoons by Putney Bridge. Optional late lunch at The Rocket at the end of the walk. Bring a drink/snack for coffee stop.	4.5 miles Easy Linear	Juliet 07759 919216
Fri 01 Aug	Sutton Station at 09:35 to catch 09:43 train to Dorking. Then 22 Bus at 10:13 from Dorking Station to Milton Heath	DORKING STATION CIRCULAR VIA WESTCOTT Our walk starts from Dorking Station (Main) at 10:05 (contact walk leader if joining there) and finishes at Prince of Wales, Westcott (Broomfield Park Bus Stop). We walk between the Bury Hill Ponds to Squire's Farm and then back to Westcott along Wolvens Lane to The Prince of Wales for lunch. After lunch we catch the either the 22 or the 32 bus back to Dorking. FP holders to purchase an OPDR from Ewell East (or BZ6) to Dorking. Please text by 6pm on 28th July for pub lunch	5 miles Moderate Linear	Bill 020 8337 2125 or 07958 521632
Sat 02 Aug	Sutton Station at 11:15 for 11:22 to Epsom or 11:10 from Wimbledon	EPSOM TO ASHTEAD Our walk starts from Epsom Station at 11:40 and finishes at Ashtead Station. Purchase return to Ashtead. Walk across Epsom Common to The Star pub for lunch or picnic and then across Ashtead Common to Ashtead Station. Text to book for pub lunch by 1pm on Thursday 31st A New Members Walk	4 miles Easy Linear	Peter R 07766 871695 or 020 8641 4339
Mon 04 Aug	The Sutton Arms, Sutton High Street at 18:30	DAVE'S RAVE Social evening. Join us for a drink/meal and a chat.		Dave 07548 393653
Tue 05 Aug	Ashtead Station entrance at 10:00	ASHTEAD AMBLE Cross over the Common, through fields to The Barn KT9 (coffee stop). Return by way of the Wetlands to an optional late lunch at the Local - or perhaps a picnic. Travel on the 09:43 train from Sutton and meet leaders at Ashtead Station. A New Members Walk	5 miles Easy Circular	Susan D & Barbara P 01737 352561 or 07901 850918

Wed 06 Aug	East Croydon Station at 10:10 for the 10:19 Thameslink to Brighton, alight Preston Park for 27 bus	PYECOMBE TO HOUSEDEAN: SDW REVISITED Our walk starts from Harrington Road Bus Stop at 11:15 for Bus to Pyecombe and finishes at Housedean Farm Bus Stop. Buy a Thameslink return to Brighton. Along the SDW by Ditchling Beacon (possible ice cream stop). Another possible stop at Housedean Camp Site. Catch the 28/29 bus to Brighton or Falmer (extra fare by rail). Picnic only.	7.5 miles Moderate Linear	Roger 07719 233269 or 020 8770 1471
Thu 07 Aug	Sutton Station at 10:00 for 10:13 train	CLAYGATE, ASHTEAD COMMON, PRINCE'S COVERTS Our walk starts from Ashtead Station at 10:30. Beautiful woodland paths and a nature reserve at Prince's Coverts. Pub/picnic lunch stop in Claygate. Buy return to Ashtead.	8 miles Leisurely Circular	Alison & Liz 07989 973735 or 07905 827243
Fri 08 Aug	Marylebone Station near ticket office at 10:15 for the 10:27 train to Chorleywood	GREAT CENTRAL TRAIL, STAGE ZERO - CHORLEYWOOD TO CHALFONT Our walk starts from Chorleywood Station at 10:54 and finishes at Chalfont and Latimer Station. This walk serves as a preface to the recently completed Great Central Trail. The walk passes through Chorleywood Common, drops down into the Chess Valley then up to the village of Church End (pub/picnic). After lunch we descend again to the Chess and then climb up to Chenies village – historic 16C Chenies Manor and the grade I listed church (possible visit). All travel is within the FP zone. Book a place on the walk (and a pub lunch if desired) by 18:00 hrs on 4th August (texts only please)	5.7 miles Leisurely Linear	Phil 07958 360380
Sat 09 Aug	Sutton Station at 08:45 for 08:58 train to London Bridge, then Northern Line to Bank for DLR to Limehouse	VICTORIA PARK & LEA VALLEY Our walk starts from Brewed On Wheels, Railway Arch, 267 Poyser Street, London E2 9RF, Limehouse DLR at 10:15 and finishes at Tottenham Hale Underground Station. Refreshments after 1.8 miles. We walk to Victoria Park, then along the Hertford Union Canal to merge with Lea Valley towpath. Pub lunch at The Princess of Wales or picnic. After lunch we walk along the Lea Valley towpath to Hackney Marshes and West Warwick Reservoir. 5.3 miles am/2.45 pm. Return from Tottenham Hale. All travel within FP zone. For pub lunch please text me by noon Thursday	7.75 miles Moderate Linear	Mike P 07811 005143

Tue 12 Aug	Epsom Downs Tea Hut Car Park at 11:00	EPSOM DOWNS - WALTON ON THE HILL CIRCULAR Our walk takes the uphill path across the racetrack before looping round to Nohome Farm. We ascend to Walton on the Hill for a picnic lunch on the benches at the Mere Pond. Then path alongside the 'Bell' back to the car park. Picnic lunch only.	6 miles Moderate Circular	Kieron 07707 456734
Wed 13 Aug	Sutton Station at 10:40 for 10:49 to Wimbledon. Then 11:19 train to Surbiton and 11:41 to West Byfleet	WEST BYFLEET TO RHS WISLEY Our walk starts from West Byfleet Station at 11:50 and finishes at RHS Wisley. Walk to the River Wey then along it to The Anchor at Pyrford Lock for pub lunch or picnic. After lunch, walk to RHS Wisley for tea and catch bus to Clandon Station. Purchase singles to West Byfleet and from Clandon Station. Text to book for pub lunch by 1pm on Monday 11th	5 miles Leisurely Linear	Peter R 07766 871695 or 020 8641 4339
Thu 14 Aug	Sutton Station at 10:15 for 10:28 train to Ewell East	EWELL HOGSMILL WALK Our walk starts from Ewell East Station at 10:40. Ewell Village to the lake at Ewell Court via Bourne Hall and the Hogsmill River. Coffee and cake at Ewell Court café (or bring a snack/picnic). A New Members Walk	4 miles Easy Circular	Paul T 07813 765439 or 07958 034561
Fri 15 Aug	Clapham Junction Station Platform 9 for the 09:57 train, change at Woking	LIPHOOK AND MILLAND Our walk starts from Liphook Station at 11:00. A South Downs National Park walk revisiting parts of the Serpent Trail. Pub at Milland. A day return from BZ6 with SRC costs £13.95. Text me to book by Monday 6pm	7.5 miles Moderate Circular	Roger 07719 233269 or 020 8770 1471
Sat 16 Aug	Belmont Bus Terminus at 08:30	PETWORTH, UPPERTON AND LODSWORTH. Our walk starts from Petworth Car Park at 10:00. A walk with great views towards the South Downs. No steep ascents or descents. Pub and picnic will be in Lodsworth at the Hollist Arms. Parking charges apply. Text me before Thursday midday 14th August if you require a pub lunch	8.5 miles Moderate Circular	John G 07914 556511
Tue 19 Aug	Water- stones Café Sutton High Street at 11:00	COFFEE MORNING Meet in the upstairs café at Waterstones, Sutton High Street, for a chat and a coffee once a month. This is particularly aimed at some of our older members who are no longer able to do many of our walks, but obviously open to anyone who wants to pop in for a chat.		Jan and Paul 07813 765439 or 020 8643 2400

Tue 19 Aug	Betchworth Church Car Park. RH3 7DN at 10:00	BREEZING AROUND BETCHWORTH Manors, Mills and Meadows. A Rural Ramble through countryside that has hardly changed since an 1895 map. Picnic/café lunch	7.5 miles Moderate Circular	Roz and Janet 07528 299356
Thu 21 Aug	Welling Station at 11:11 (from Sutton 09:42 to Victoria then 10:33 to Welling)	REVERSE THE CAPITAL RING – SHOOTERS HILL TO WOOLWICH Our walk starts from Shooters Hill Memorial Hospital at 11:30. Coffee stop at the start then through Oxleas Wood, across Eltham and Woolwich Commons, finishing by joining the Thames Path into Woolwich. Lunch is café or picnic. There is a flight of downward steps – a pole may be useful. Return from Woolwich Arsenal Station.	5 miles Leisurely Linear	Marian 07961 195684
Fri 22 Aug	East Croydon Station at 10:00 for the 10:10 train to Eastbourne, change at Lewes for Seaford	THREE SISTERS Our walk starts from Seaford Library Bus Stop at 11:25. Bus from Seaford Library to Seven Sisters Country Park (toilets), then out to the coast. We visit Crowlink village, then South Downs to The Tiger at East Dean (pub/picnic/café). Climb up to Friston church and pond, where a multiple of 4 may drop off. The rest (if any) will continue to West Dean by return to the Country Park for afternoon tea. Bus back to Seaford. Text me to book by Monday 6pm for a pub meal and for a share in the Daysave rail tickets (£13 each but must travel in groups of 4).	6.5 miles Moderate Circular	Roger 07719 233269 or 020 8770 1471
Wed 27 Aug	Sutton Station at 10:05 for the 10:13 train, change Epsom for the 10:28 to Guildford	SHAMLEY GREEN TO HOLMBURY ST MARY (GW3) Our walk starts from Guildford Friary Bus Station (7) at 11:15 and finishes at The Kings Head at Holmbury St Mary. Late pub lunch at the end of the walk. Return journey is by bus (d.15:57) via Shere to Guildford (a.16:47 Friary Bus Station). Text me to book by Monday 6pm	6.5 miles Moderate Linear	Roger 07719 233269 or 020 8770 1471
Fri 29 Aug	London Bridge Station at 10:25 to catch 10:40 Sevenoaks train to Petts Wood	PETTS WOOD TO ALBANY PARK VIA SIDCUP PLACE Our walk starts from Petts Wood Station at 11:10 (contact walk leader if joining at Petts Wood). We head through Petts Wood, Park Wood and Little Wood to arrive at The Star in Sidcup Place for lunch after 3.5 miles. After lunch we walk along the River Cray to Albany Park Station. All travel is within the FP area. Please text by 6pm on 25th August if you would like a pub lunch	6 miles Moderate Linear	Bill 020 8337 2125 or 07958 521632

Sat 30 Aug	Belmont Bus Terminus for car share at 09:30	GRAYSWOOD AND GIBBET HILL Our walk starts from Grayswood Green opposite All Saints Church GU27 2DJ at 10:30. A delightful walk through one of the most rural parts of Surrey taking in Gibbet Hill. Pub/picnic lunch. Please contact leader by Wednesday 27th if you require pub lunch	8 miles Moderate Circular	Jackie & Helen 07966 729802
Mon 01 Sep	The Sutton Arms, Sutton High Street at 18:30	DAVE'S RAVE Social evening. Join us for a drink/meal and a chat.		Dave 07548 393653
Tue 02 Sep	Sutton Station at 09:30 for 09:42 train to Clapham Junction, changing for 10:28 to Richmond	RICHMOND RIVERSIDE, PARK AND WIMBLEDON COMMON Our walk starts from Richmond Station at 10:45 (meet in station forecourt) and finishes at Windmill Café on Wimbledon Common. Richmond to Wimbledon - our usual route taking in the Riverside path, Richmond Park (with coffee stop at Pembroke Lodge), across the Park to picnic lunch stop, then on to Wimbledon Common ending walk at the Windmill café. Bus down to Wimbledon Station. Bring snacks and picnic! Loos at Pembroke Lodge and café	6 miles Leisurely Linear	Barbara P & Susan D 07901 850918 or 01737 352561
Wed 03 Sep	Sutton Station at 10:00 for 10:13 to Holmwood	HOLMWOOD TO NEWDIGATE Our walk starts from Holmwood Station at 10:50 and finishes at Surrey Oaks pub near Newdigate. Walk from Holmwood Station to Newdigate for lunch at The Six Bells or picnic. After lunch continue to the Surrey Oaks pub with time for a drink before catching a 21 bus back to Holmwood Station. Text to book for pub lunch by 1pm on Monday 1st	5 miles Leisurely Linear	Peter R 07766 871695 or 020 8641 4339
Thu 04 Sep	Sutton Station at 11:00	OCKLEY CIRCULAR Our walk starts from Ockley Station at 11:51. It is a pleasant countryside walk through the Vann Lake Nature Reserve, past a disused windmill, and an old schoolhouse. After lunch we pass through the village green, the scene of a bloody battle, and woods back to the station. Pub / picnic.	6 miles Leisurely Circular	Andy 020 8661 9157 or 07917 844501

Fri 05 Sep	East Croydon Station at 10:25 main concourse for the 10:36 train	HIGH WEALD AND THE RIVER EDEN. Our walk starts from Leigh Station (Kent) at 11:26 and finishes at Penshurst Station. We ascend onto the High Weald with views of the Medway valley. Then drop down and pass close by Penshurst Place and into the village of Penshurst. We cross the River Eden then ascend and descend to Chiddingstone village (possible pub, café or picnic). After lunch walk to Penshurst Station. Buy an OPDR ticket to Leigh (Kent), cost from East Croydon is approx £10. Book a place on the walk (and a pub lunch if desired) by Monday 1st September, 18:00 hrs (text only please).	6.7 miles Leisurely Linear	Phil 07958 360380
Sat 06 Sep	Belmont Bus Terminus at 08:30	HEAVEN FARM, SHEFFIELD PARK AND FLETCHING Our walk starts from Heaven Farm at 09:30. Heaven Farm (TN22 3RG) lies south of Wych Cross and Danehill on the A275. Café at the Farm. Rolling terrain, with farmland and woods. Pub/picnic in Fletching at the Griffin Inn. Text me before midday Thursday 4th for a pub lunch	8.5 miles Moderate Circular	John G 07914 556511
Wed 10 Sep	Euston Station at 10:15 for the 10:24 to Tring	GLC6 REVISITED: TRING TO STUDHAM Our walk starts from Tring Station at 11:02 and finishes at Luton Station. The Ridgeway to the Bridgewater Monument in Ashridge Park, then Little Gaddesden and finally the pub at Studham. Return via bus to Dunstable, then busway to Luton for Thameslink home. Buy singles from BZ6 to Tring, and to BZ6 from Luton. Text me to book by Monday 6pm	7 miles Moderate Linear	Roger 07719 233269 or 020 8770 1471
Thu 11 Sep	Sutton Station at 09:30 for 09:43 train	DEEPDENE, BROCKHAM AND BETCHWORTH CASTLE Our walk starts from Dorking Station at 10:15. A grade II listed garden, hilly with good views and a fortified medieval ruin. Some stiles. Picnic or café lunch in Brockham. Buy a return to Dorking.	7.5 miles Moderate Circular	Alison & Liz 07989 973735 or 07905 827243
Fri 12 Sep	Sutton Station at 10:05 for the 10:13 Horsham train	23 STAGE -1: HORSHAM TO BEWBUSH Our walk starts from Horsham Station at 11:02. We now retrace the 23 route from Horsham back to its start in Crawley. The High Weald Landscape Trail east through woods to The Dragon, Colgate (pub lunch). Then more woods to descend to Bewbush (café/shop/toilets) and bus to Horsham. Text me to book by Monday 6pm	7 miles Moderate Linear	Roger 07719 233269 or 020 8770 1471

Sat 13 Sep	SOCIAL EVENT: COACH TRIP TO DEAL: see paper enclosure or link for details. On SWVR website, booking form is under Group Walks > Our Printed Programme			Jackie 07966 729802
Sat 13 Sep	Belmont Bus Terminus at 09:00 (Postcode: SM2 5SX, what3words: ///snail.daily. scenes, Grid reference: TQ 25624 62071)	VIRGINIA & THE GREAT PARK Our walk starts from Wick Rd, Englefield Green, Egham TW20 0HN (What3words: ///posts.doctor.force) at 10:00. Here is a walk centred on Virginia Water in Surrey and the dream-like Valley Gardens. The walk takes you to the Ruins, Cascade, the great open areas of Windsor Great Park, with great views, passing the Bronze Horseman, the Savill Garden, and the Obelisk. 6.6 miles to lunch at Fox & Hounds Englefield Green. For pub lunch please text me by noon Thursday	9.03 miles Moderate Circular	Mike P 07811 005143
Sun 14 Sep	Woldingham Station at 10:55 (10:39 train from East Croydon)	WOLDINGHAM SW Joint with Croydon and Epsom. Woldingham School, North Downs Way, Winders Hill. Car parking just north of station or in Church Road.	4.2 miles Moderate Circular	Roger 07719 233269 or 020 8770 1471
Tue 16 Sep	Water-stones Café Sutton High Street at 11:00	COFFEE MORNING Meet in the upstairs café at Waterstones, Sutton High Street, for a chat and a coffee once a month. This is particularly aimed at some of our older members who are no longer able to do many of our walks, but obviously open to anyone who wants to pop in for a chat		Jan and Paul 07813 765439 or 020 8643 2400
Tue 16 Sep	Walk starts at 10:00	LIMPSFIELD – TROY TOWN – POOTINGS - CROCKHAM HILL Undulating, open countryside, some good views. 1 long descent and 1 long ascent. Picnic. To book email (preferable) janet.flemming15@gmail.com or text 07985 901917	10.5 miles Moderate Circular	Janet F 07985 901917
Wed 17 Sep	East Croydon Station at 09:35 for the 09:41 Eastbourne train	COOKSBRIDGE Our walk starts from Cooksbridge Station at 10:25. A repeat of the 2023 walk ascending the South Downs, calling at The Blacksmiths Arms, Offham for lunch, returning through Hamsey. Text me to book by Monday 6pm	7 miles Moderate Circular	Roger 07719 233269 or 020 8770 1471

Thu 18 Sep	West Dulwich Station at 10:25 (09:46 Thameslink from Sutton to Herne Hill change for W Dulwich)	THREE SOUTH-EAST LONDON PARKS Our walk finishes at Herne Hill Station. A walk through the leafy suburbs of south-east London taking in Belair, Dulwich and Brockwell Parks. Passing Dulwich College and lunching in Dulwich Village. Picnic facilities available. Leader will get train from Carshalton. Please text by 6pm on Tuesday 16th if you would like a pub lunch	5 miles Leisurely Linear	Marian 07961 195684
Fri 19 Sep	Sutton Station at 09:40 to catch 09:56 train to London Bridge	TOUR OF PEEK FREAN'S MUSEUM Our walk starts from Bermondsey Tube Station at 10:43. The tour of museum begins at 11am with tea/coffee and biscuits! This is a small museum so group limited to 12 people. Cash donation is appreciated. The tour is provided by a long term employee of Peek Frean's factory who is very knowledgeable. Lunch at a local café or picnic. Book from 29th August: jenny.kearney9@gmail.com or scottonhil@gmail.com		Jenny K and Hilary S 07851 263949 or 020 4568 1326
Fri 19 Sep	East Croydon Station at 10:15 Catch 10:22 Uckfield train from platform 6	ASHURST CIRCULAR VIA HARTFIELD Our walk starts from Ashurst Station at 10:57. Walk via Lyewood House & Summerford farm to Hartfield (the Bear Inn), then follow High Weald Landscape trail to Withyham. Return to Ashurst Station via Forest Way & Wealdway. Pub/picnic. To eat at The Bear Inn, please contact leader by 18:00 Monday 15th September	8.5 miles Moderate Circular	Trevor 020 8645 0114 or 07392 177803
Sat 20 Sep	Belmont Bus Terminus at 08:30	BOROUGH GREEN, OLDBURY WOOD, RASPIT HILL, IGHAM MOTE, BASTED Our walk starts from Western Road Car Park, High Street, Borough Green, TN15 8BN at 09:30. 7.0 miles am/1.5 pm. One ascent up to Oldbury Hill. Generally undulating walk. Car park is paid parking. A long morning so bring snacks if required. Pub/picnic will be at the Plough Inn Basted. Text by midday Thursday 18th for pub	8.5 miles Moderate Circular	John G 07914 556511
Wed 24 Sep	London Bridge Station platform 6 at 10:35 for the 10:43 train to Sevenoaks	SEVENOAKS CIRCULAR Our walk starts from Sevenoaks Station at 11:06. Up through the town, entering Knole Park via the Greensand Way. Then head north to Godden Green (pub/picnic). After lunch we pass the grade I listed Knole House. FP holders buy OPDR ticket from Knockholt to Sevenoaks. Book a place on the walk, and a pub lunch (if desired) by 18.00 on Monday 22nd September (text only please)	6.5 miles Leisurely Circular	Phil 07958 360380

Thu 25 Sep	Kingston Station at 10:30	HOME PARK AND BUSHY PARK Starting at Kingston Station, we walk over Kingston Bridge into Home Park, heading towards Long Water, across the golf course and onto Thames path. There are no loos in Home Park. We walk round the outside of Hampton Court and enter Bushy Park at Hampton Court gate. After café or picnic lunch, and loo stop in the Park, we cross the park, leaving by Church Grove gate and return to Kingston station. Optional drink at riverside pub at end of walk. Due to risk of ticks, please wear long trousers for this walk.	7 miles Leisurely Circular	Sheelagh & Lucy 07773 261875 or 07854 762522
Fri 26 Sep	East Croydon Station Forecourt at 10:00 for the 10:10 Lewes train	BERWICK TO WILMINGTON Our walk starts from Berwick Station at 11:25. After a short walk we visit the Church of St Michael's and All the Angels with paintings by Vanessa Bell (sister of Virginia Wolf). We continue onto Alfriston for pub lunch/picnic and then up and over the South Downs with views of the Long Man of Wilmington. Our walk ends at Wilmington where the Yew Tree in the church yard is believed to be 1,600 years old. Steep ascent and descent of the South Downs. Possible drink in the pub at Wilmington at end. Bus back to Polegate for train to East Croydon. Buy a return to Polegate. For a pub lunch contact the leader by Monday 22nd September	7 miles Moderate Linear	Juliet 07759 919216
Sat 27 Sep	Belmont Bus Terminus at 09:00	THE PEASLAKE PUSH Our walk starts from Abinger Roughs Car Park at 10:00. We head across Abinger Roughs towards Gomshall and the outskirts of Shere, before pushing towards Peaslake via Ponds Lane. After lunch, there is a short sharp ascent through Spurfold Copse to Colman's Hill before returning via Sutton Abinger. Pub/picnic. Please book on the walk by text or phone call, indicating if a pub lunch and/or a lift is required	10 miles Moderate Circular	Diane P 07870 334361
Sat 27 Sep	Wandle Park Tram Stop at 09:30	WANDLE FORTNIGHT: WANDLE TRAIL FROM WANDLE PARK (CROYDON) TO MORDEN HALL PARK Our walk finishes at Morden Hall Park. Walk along the Wandle Trail. Refreshment stop in Carshalton, option to join walk here (meet outside Co-op at 11:15).	6 miles Easy Linear	Melanie 07944 833605

Sat 27 Sep	Morden Hall Park by the Snuff Mill at 13:45	WANDLE FORTNIGHT: WANDLE TRAIL FROM MORDEN HALL PARK TO WANDSWORTH Our walk finishes at Wandsworth Town Station. Walk along the Wandle Trail starting from Morden Hall Park or by continuing the morning walk led by Melanie. Refreshment stop at Earlsfield. Drop offs available notably at Earlsfield after 3 miles.	5.5 miles Easy Linear	Peter R 07766 871695 or 020 8641 4339
Tue 30 Sep	St John's URC Church Marsh Green (Post Code TN8 5QR) at 10:30	MARSH GREEN DORMANSLAND AND DRY HILL A walk with stunning views of the Kent countryside. Picnic lunch only. Please text if you wish to join the walk	10 miles Moderate Circular	Jackie & Helen 07966 729802
Wed 01 Oct	East Croydon Station at 09:25 for the 09:34 on Platform 3 to Haywards Heath, a.10:02 for the 272 bus at 10:10 to Ardingly	ARDINGLY TO SCAYNES HILL: SOCRATIC TRAIL REVISITED Our walk starts from Ardingly Gardeners Arms at 10:27 and finishes at Ham Lane Bus Stop, Scaynes Hill. This is one of the shorter stages in a trail we tackled in 2016. Buy a return to Haywards Heath. From Ardingly we descend to the reservoir and through fields to Lindfield (lunch at The Bent Arms), then more fields and woods to Scaynes Hill returning to HH on the 31 bus. Text me to book by Monday 6pm	7 miles Moderate Linear	Roger 07719 233269 or 020 8770 1471
Fri 03 Oct	East Croydon Station at 09:40 for the 09:53 to Crawley. Bus 23 from Crawley Broadway at 10:36	23 STAGE -2: BEWBUSH TO CRAWLEY VIA IFIELD Our walk starts from Bewbush Dorsten Square at 10:49 and finishes at Crawley Station. Buy a return to Crawley. We walk north to Ifield church where we lunch at The Plough Inn nearby. Then mostly quiet streets to reach the centre of historic Crawley before we return to the station. Text me to book by Monday 6pm	5.5 miles Moderate Linear	Roger 07719 233269 or 020 8770 1471
Sat 04 Oct	Outside Dorking Main Station at 10:40 to meet train from London Victoria for an 11:00 start	DORKING TO BROCKHAM (OR BETCHWORTH): A WALK WITH LONDON BLIND RAMBLERS Sutton and Wandle Valley will lead a walk for London Blind Ramblers. Dorking to the village of Brockham, walking along the Old Coach Road and also visiting Betchworth Castle. Coffee stop at Brockham. We may walk on to the village of Betchworth if LBR agree. More information nearer the time. Members who can assist with guiding please keep the date free and join us.	5 miles Easy Circular	Barbara P 07901 850918

Mon 06 Oct	The Sutton Arms, Sutton High Street at 18:30	DAVE'S RAVE Social evening. Join us for a drink/meal and a chat.		Dave 07548 393653
Tue 07 Oct	Darent (for Westerham town centre) Car Park, just off A25, TN16 1TD at 10:15	THE WESTERHAM WHIP We head out of Westerham on the Greensand Way via Squerries Park to Limpsfield Chart. We proceed to Ide Hill via Crockham Hill. Our return takes us through Emmetts Gardens, French Street, and over Hosey Common. Undulations throughout with one or two steep ascents/descents. The hard work is rewarded by lovely views. Picnic lunch only. Car park charge is £4 (cash or card). Please book on the walk by text or phone call	11.5 miles Moderate Circular	Diane P 07870 334361
Wed 08 Oct	Sutton Station at 09:40 to catch 09:56 train to London Bridge	TOUR OF BAKERS' HALL Our walk starts from London Bridge Station at 10:30. The tour is for approximately one hour after tea/coffee/ biscuits. The price is £12 per person for 15 guests, payment by card on arrival. The Hall has lovely John Piper stained glass windows installed. Lunch at Wetherspoons. Please book from 18th September	3 miles Easy	Jenny K and Hilary S 07851 263949 or 020 4568 1326
Wed 08 Oct	Sutton Station at 10:05 for the 10:13 Horsham train, alight Dorking 10:40 (toilets & coffee)	93/1: DORKING TO N HOLMWOOD Our walk starts from Dorking Station at 10:55 and finishes at North Holmwood for the 21/93 bus back to Dorking Station. A new bus trail finishing at Horsham in the winter. Cross the A24 dual carriageway and ascend past the south side of Denbies Vineyard, descending into Dorking High Street. Through Rose Hill to The Queens Head (pub, no obvious picnic). Join the Greensand Way briefly before branching south to Holmwood Farm then under the A24 to reach the end. Text me to book by Monday 6pm	5.3 miles Moderate Linear	Roger 07719 233269 or 020 8770 1471

Thu 09 Oct	Sutton Station Bus Stop O at 10:40 for the 10:45 420 bus (Leaders will board the bus at Sutton Cancer Hub)	A WANDER OVER BANSTEAD HEATH Our walk starts from 420 bus stop opposite Tadworth Station at 11:15. From there (after a possible coffee-purchasing stop) we'll head off towards Banstead Heath, via Walton on the Hill. Lunch will be at The Sportsman before returning to Tadworth, taking in different views of the Heath. Picnic spot opposite the pub. Please text leaders by 18:00 Monday 6th October to book for pub lunch	5 miles Leisurely Circular	Tony & Pam 07709 085835 or 020 8643 4703
Fri 10 Oct	Clapham Junction Station at 09:50 Meet on platform 9 for 09:57 to Yeovil Junction, changing at Woking for 10:25 for Godalming	GODALMING TO GUILDFORD VIA BRAMLEY Our walk starts from Godalming Station at 10:45 and finishes at Guildford Station. Leaving Godalming on Fox Way, initially alongside River Wey, then a steep & possibly muddy climb over Farley Hill to lunch at Bramley (The Jolly Farmers), then in the afternoon a flat walk along the Wey South path into Guildford. Pub/picnic. Text leader by 18:00 Monday 6th October to book a pub lunch	7.25 miles Moderate Linear	Trevor 07392 177803 or 020 8645 0114
Sat 11 Oct	Epsom Clock Tower Bus Stop C at 11:00 for 460 bus at 11:12 to Epsom Downs	EPSOM DOWNS TO ASHTEAD Our walk starts from the Rubbing House pub at 11:45 and finishes at Ashtead Village. Coffee at the start at the Rubbing House on Epsom Downs. Walk across Epsom Downs then through Langley Vale Wood. A short way along Stane Street then down into Ashtead. Optional pub lunch at end of walk in The Brewery Tap. Return by bus to Epsom or by train (further 0.7 mile walk) from Ashtead Station. Text by 1pm on Thursday 9th for pub lunch. A New Members walk	4 miles Easy Linear	Peter R 07766 871695 or 020 8641 4339
Sat 11 Oct	Belmont Bus Terminus at 09:00 SM2 5SX, what3words: ///snail.daily. scenes, Grid reference: TQ 25624 62071	SWINLEY FOREST Our walk starts from Leppington Free Car Park (opposite Birch Hill Carpark) Bracknell RG12 7WW at 10:00. This walk takes you through one of the most popular large areas of wild open space and woodland that lies between Bracknell, Bagshot and Camberley on the Berkshire-Surrey border. Midway through the walk is the Discovery Centre, known as the Look Out, which attracts adventurous families, their children and dogs. Muddy in places. For pub lunch please text me by noon Thursday	9.29 miles Moderate Circular	Mike P 07811 005143

Tue 14 Oct	Banstead High Street at 10:00 outside All Saints Church	CHIPSTEAD CIRCULAR Countryside walk with a few hilly bits and some lovely views. Enjoy the village pub lunch - or picnic by the pond! More details via our Update nearer the time.	6.5 miles Leisurely Circular	Susan D Barbara P 01737 352561 or 07901 850918
Wed 15 Oct	Bus Stop outside Sutton Station at 09:40 for 420 bus at 09:45 to Redhill Bus Station. Or 10:26 train from East Croydon to Redhill	BLETCHINGLEY TO REDHILL Our walk starts from Bletchingley at 11:15 (bus stop opposite The Whyte Hart) and finishes at Redhill Station. From Redhill bus station, bus 410 at 11.05 to Bletchingley. Walk to Inn on the Pond at Nutfield Marsh for lunch or picnic. After lunch, walk alongside the lake in Mercers Country Park and then through The Moors nature reserve to Redhill. Train back to East Croydon. Text by 1pm on Monday 13th to book for pub lunch	5 miles Leisurely Linear	Peter R 07766 871695 or 020 8641 4339
Fri 17 Oct	Bus Stop outside Sutton Station at 09:40 to catch the 420 bus at 09:45	GATTON PARK AND REIGATE HILL Our walk starts from Wray Lane Car Park Reigate Hill at 10:30 and finishes at Tadworth Station. We walk around Gatton Park returning to our starting point for a coffee stop. We continue along Reigate Hill to the Sportsman for lunch (pub/picnic). After lunch we walk towards Tadworth to catch the 420 bus back to Sutton. The walk around Gatton Park involves a descent and ascent. If requiring a pub lunch please contact me by Monday 13th October	7 miles Leisurely Linear	Juliet 07759 919216
Sat 18 Oct	Belmont Bus Terminus at 08:45	THE HASCOMBE HOTFOOT Our walk starts from Hydon Heath National Trust car park, Salt Lane, Godalming, GU8 4BB at 10:00. We head through Busbridge Woods and skirt Winkworth Arboretum heading to Hascombe. After lunch, we ascend Hurtwood Copse, cross The Hurtwood and meander over Vann Hill. On reaching Hambledon church, we head for Fourteen Acre Copse and Hydon Heath. Expect undulations throughout. Pub/picnic. Please book on the walk by text or phone call and indicate whether a pub lunch is required	8.5 miles Moderate Circular	Diane P 07870 334361

Tue 21 Oct	Water- stones Café Sutton High Street at 11:00	COFFEE MORNING Meet in the upstairs café at Waterstones, Sutton High Street, for a chat and a coffee once a month. This is particularly aimed at some of our older members who are no longer able to do many of our walks, but obviously open to anyone who wants to pop in for a chat		Jan and Paul 07813 765439 or 020 8643 2400
Tue 21 Oct	Bus stop O outside Sutton Station at 09:35 for 420 bus at 09:45	MARGERY WOOD, REIGATE HILL, BANSTEAD Our walk starts from 420 bus stop at The Fox, Lower Kingswood at 10:20 and finishes at Banstead (S1 or 420 bus). We head off to Margery Wood and Reigate Hill for a brief stop at the café for toilets. Following the North Downs Way, we head to Gatton then north through undulating farmland to Banstead. To book email janet.flemming15@gmail.com (preferable) or text 07985 901917	10.5 miles Moderate Linear	Janet F 07985 901917
Wed 22 Oct	Sutton Station at 10:05 for the 10:13 Horsham train, alight Dorking 10:40 and walk to Deepdene Station for the 10:52	SHALFORD AND WONERSH Our walk starts from Shalford Station at 11:10. Brief stop for coffee at Shalford Green then south to ascend Chinthurst Hill before dropping down to Bramley and Wonersh. Pub/picnic lunch at the Grantly Arms. Return through Wonersh Common. Text me to book by Monday 6pm	7 miles Moderate Circular	Roger 07719 233269 or 020 8770 1471
Thu 23 Oct	Sutton Station at 09:35 for 09:49 train to Wimbledon	PUTNEY, HAMMERSMITH, CHISWICK & BARNES Our walk starts from Putney Bridge Underground Station at 10:30. The walk combines a long easy Thames walk, a visit to two places of historical beauty and interest, and a "green walk" through Barnes and Putney Lower Common. In Chiswick we pass the house of William Hogarth and then visit the gardens of Chiswick House where we will stop for picnic/café lunch. Muddy in places – we recommend boots.	8 miles Leisurely Circular	Alison & Liz 07989 973735 or 07905 827243

Fri 24 Oct	Sutton Station at 10:05 To catch 10:13 Horsham train to Leatherhead	LEATHERHEAD CIRCULAR VIA MICKLEHAM Our walk starts from Leatherhead Station at 10:40 (contact walk leader if joining at Leatherhead). We leave Leatherhead via Hawk's Hill and Fetcham Downs then along the north side of Norbury Park and then down into Mickleham where after 4 miles we have lunch at The King William IV. After lunch we return to Leatherhead via The Priory and the Mole Gap Trail. FP holders please purchase an OPDR from Ewell East to Leatherhead. Please text by 6pm on 20th October for a pub lunch	7 miles Moderate Circular	Bill 020 8337 2125 or 07958 521632
Sat 25 Oct	Headley Heath Car Park KT18 6NN at 10:30	HEADLEY, GREAT HURST WOOD AND EPSOM DOWNS Walk starts from the cricket green at Headley walking across the Downs to Tattenham Corner taking in views over London. Car Park fee for non NT members. Pub /picnic lunch. Please contact leader to join and book lunch	8 miles Moderate Circular	Jackie & Helen 07966 729802
Tue 28 Oct	Ranmore Common Car Park (TQ127502) (not Denbies Hillside) at 10:00	RANMORE AND POLESDEN LACEY A pleasant walk with woodland, parkland and some nice views. Lunch at Polesden Lacey. Important we meet at Ranmore Common Car Park, nearest postcode RH5 6SY just off Ranmore Common Road. Please text leaders to book.	6 miles Leisurely Circular	Jack and Mary 07731 169318 or 07511 973466
Wed 29 Oct	Sutton Station at 10:05 for the 10:13 Horsham train, alight Dorking 10:40 then quickly catch the 10:45 93 bus waiting outside	93/2: N HOLMWOOD TO HOLMWOOD STATION VIA COLDHARBOUR Our walk starts from Holmesdale Road Bus Stop, North Holmwood (first stop in N Holmwood) at 10:59 and finishes at Holmwood Station. Buy a return to Holmwood. Through the Common, crossing the A24 dual carriageway just S of Mid Holmwood. Ascend to 226m(trig) and then to 237m before Coldharbour Lane and The Plough for lunch (picnic opposite, and shop). Descend gradually passing Anstiebury, and thence to the station by quiet lanes and paths. Text me to book by Monday 6pm	5.3 miles Moderate Linear	Roger 07719 233269 or 020 8770 1471

Important Notes for All Walkers

[1] Classification of Walks – Most of the walks show a grading. **THE DESCRIPTIONS DO NOT DENOTE PACE!**

EASY – walks for anyone who does not have a mobility difficulty or specific health problem or is seriously unfit.

LEISURELY – walks for reasonably fit people with a little country walking experience.

MODERATE – walks for people with country walking experience and a good level of fitness. May include some steep paths and may be at a brisk pace.

Very important. Grades are provided as a general guide only; if you have any doubt about your ability for a particular walk, please contact the leader in advance. You should also consider the distance of the walk, the terrain and the possibility of bad weather, which can make a walk more difficult than planned. If you're unsure of your fitness level, try a short and easy walk first. Leaders may refuse to accept participants who, in their opinion, are inadequately equipped or unfit.

[2] For your own and others' safety please follow any instructions from walks leaders. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk, and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

[3] Where a public house is used, walkers should not consume their own food and drink on the premises, unless the landlord has given express permission. Please remove or cover muddy boots when going into a pub.

[4] Meeting points for car sharing are shown for the majority of walks not using public transport. This is either Belmont Bus Terminus (BBT) which is situated at the junction of Downs Road and Commonsides Court, Belmont or Sainsbury's Car Park, North Cheam. Those without cars can usually be picked up here, but we regret that this cannot be guaranteed as we do not know who is attending a walk. When car sharing, drivers often appreciate a voluntary contribution from passengers. As a guide, 15 pence per mile per passenger is generally considered reasonable. **Please cover or remove & stow muddy boots in cars!**

[5] Dogs must be kept under control and must be kept on a lead across farmland and whenever requested by the leader. Please also do not pet or feed any animals you may encounter e.g. when crossing farmland. Best to keep well away from them!

[6] In really bad weather, or when the forecast is poor, e.g. fog, ice, snow, high wind and torrential rain, etc., the leader should be contacted to see if the walk is taking place.

[7] Please check the train times if you use the train to a walk (08457 484950)

[8] Picnic denoted in the walk details indicates that a pub might not be available. Pub means there may not be a suitable place to eat your own food. Pub/picnic means that you should have a choice.